

SUMMER CAMPS

Itsy Bitsy Spikers | (Pre-K - 1st Grade)

Volleyball can be for you too! Come, learn, move, have fun, and see what volleyball is all about! This camp is laid back and designed to get little feet moving on a volleyball court and little hands touching the ball! We will use alternative tools and methods to give these littles success! Please wear comfortable clothes to move in and tennis shoes. No jeans permitted and please pull hair back away from face. Campers will receive a camp t-shirt included in the price.

When: July 1-3 (Mon, Tues, Wed)

Time: 3-4 p.m.

Price: \$35/Athlete

Location: Church of the Saviour Gymnasium

FUNdamentals | (2nd - 5th Grade)

This camp is designed to introduce youth to volleyball! We will work on all the basic skills and movements of the game of volleyball. We will use alternative methods to give these young athletes success, skill repetition, and basic team play. We will split by grade and ability. Please wear comfortable clothes to move in and tennis shoes. No jeans permitted and please pull hair back away from face. Campers will receive a camp t-shirt included in the price.

When: July 1-3 (Mon, Tues, Wed)

Time: 1-2:30 p.m.

Price: \$45/Athlete

Location: Church of the Saviour Gymnasium

All Skills Camp | (6 - 8th Grade)

This camp will teach and reinforce the basic 6 skills of volleyball: passing, setting, digging, hitting, blocking, and serving- as well as teach the main principles of the game. Perfect to prep for tryouts in the fall!

When: July 1-3 (Mon, Tues, Wed)

Time: 10a.m.-12p.m.

Price: \$55/Athlete

Location: Church of the Saviour Gymnasium



REGISTRATION OPENS MAY 27TH AT 323TRAININGACADEMY.COM/REGISTRATION